Form 4

Revision No.: 2025-01-14

FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

| OMB APPROVAL | |
|-------------------|-----------|
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

| 1. Name and Address of Reporting Person * GOULD MATTHEW J | 2. Issuer ONE LIBERTY PROPERTIES INC | Ticker or Trading Symbol [OLP] | 5. Relationship of Reporting Person(s) to Issuer (Check all applicable) | | | | |
|---|---|--------------------------------|---|---------------------------------|--|--|--|
| (Last) (First) (Middle) 60 CUTTER MILL ROAD, SUITE 303 | 3. Date of Earliest Transaction (Month/Day/Y 01/14/2025 | · · | ✓ Director ✓ Officer (give title below) Chairman of Board | 10% Owner Other (specify below) | | | |
| (Street) GREAT NECK, NY 11021 (City) (State) (Zip) | 4. If Amendment, Date Original Filed (Month | /Day/Year) | 6. Individual or Joint/Group Filing (Will be automatically set) Form filed by One Reporting Person Form filed by More than One Reporting Person | | | | |
| | Rule 10b5-1(c) Transaction Indication Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to state affirmative defense conditions of Rule 10b5-1(c). See Instruction 10. | | | | | | |

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

| 1.Title of Security (Instr. 3) | (Month/Day/Year) | 2A. Deemed Execution Date, if any | 3. Transaction Code (Instr. 8) | | | | | 5. Amount of Securities Beneficially | 6. Ownership Form: Direct | 7. Nature of Indirect Beneficial Ownership (Instr. 4) |
|-----------------------------------|------------------|--------------------------------------|-----------------------------------|---|------------|------------|-------|---|--------------------------------------|---|
| | | (Month/ Day/ Year) | Code | V | Amount | (A) or (D) | Price | Owned Following Reported Transaction(s) (Instr. 3 and 4) | (D) or Indirect (I) (Instr. 4) | (Insr. 4) |
| Common Stock | 01/14/2025 | | A | | 12,000 (1) | Α | \$0 | 345,781.916 ⁽²⁾ | D | |
| Common Stock | | | | | | | | 15,151.7470 (3) | Ι | By Gould Shenfeld Family Foundation |
| Common Stock | | | | | | | | 4,169 (4) | Ι | By BRT Apartments Corp. Pension Trust |
| Common Stock | | | | | | | | 13,622 (5) | Ι | By 130 Store Company |
| Common Stock | | | | | | | | 144 (6) | Ι | By Georgetown Partners LLC |
| Common Stock | | | | | | | | 2,272,600.8560 (7) | I | By Gould Investors L.P. |

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

(e.g., puts, calls, warrants, options, convertible securities)

| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise | 3. Transaction Date (Month/Day/ | 3A. Deemed Execution Date, if | 4. Transaction (Instr. 8) | Code | 5. Numbe Derivativ | | 6. Date Exercisable a (Month/ Day/ Year) | 1 | 7. Tit | le and Amount of Underlying | 9. Number of Derivative | | 11. Nature of Indirect |
|--|------------------------------|------------------------------------|----------------------------------|------------------------------|------|------------------------|-----------|---|-----------------|--------|-----------------------------|--------------------------------|---------------------------|---------------------------|
| | Price of Derivative | Year) | any (Month/ Day/ | , | | Securities Acquired | | | | (Instr | . 3 and 4) | Securities Beneficially | | Beneficial Ownership |
| | Security | | Year) | | | Disposed | of (D) | | | | | Owned | Security: | (Instr. 4) |
| | | | | | | (Instr. 3, | 4, and 5) | | - | | | | Direct (D) or Indirect | |
| | | | | Code | V | A | D | Date Exercisable | Expiration Date | Title | Amount or Number of Shares | | (I) | |
| | | | | | | | | | | | | (Instr. 4) | (Instr. 4) | |

Explanation of Responses:

- 1. These shares were issued as restricted stock on January 14, 2025 under the issuer's 2022 Incentive Plan. Generally, subject to the reporting person's continued relationship with the issuer, the shares vest on or about January 11, 2030.
- 2. Includes shares acquired through issuer's dividend reinvestment plan.
- 3. Reporting person is a trustee of the Gould Shenfeld Family Foundation. Includes shares acquired through issuer's dividend reinvestment plan.
- 4. Reporting person is a trustee of the BRT Apartments Corp. Pension Trust, which owns these shares.
- 5. The reporting person disclaims beneficial ownership of these securities to the extent he does not have a pecuniary interest therein.
- 6. These shares are owned by Georgetown Partners LLC. Reporting person is a manager of Georgetown Partners LLC. These shares represent all of the shares of issuer owned by Georgetown Partners LLC.
- 7. These shares are owned by Gould Investors L.P. Reporting person is the chairman of the corporate managing general partner of Gould Investors L.P., and he holds limited partnership interests in Gould Investors L.P. These shares represent all of the shares of issuer owned by Gould Investors L.P., including shares in which he does not have a pecuniary interest. Includes shares obtained through the issuer's dividend reinvestment plan.

Remarks:

| /s/ Matthew J. Gould by Isaac Kalish, his attorney in fact | 01/16/2025 |
|--|------------|
| **Signature of Reporting Person | Date |

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Note: File three copies of this Form, one of which must be manually signed.

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Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

^{*} If the form is filed by more than one reporting person, see Instruction 4(b)(v).

^{**} Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).